

1.2

# Facilitator Slides





# 1.2 Session Goals

## GOALS:

Share the work that you are doing on your own as you go through the course

Reflect on your learning  
Practice some of the tools that you were introduced to in the course

Get to know others in your lab/class

## STRUCTURE:

Will meet every \_ weeks for \_ hours

Large and small group discussions

Reflection activity at the end of each session



# *Activities and Discussions*



# Your Values, Your Choices

Reflection

Values

Lab Culture

Discuss the following questions in your small groups (5-10 Minutes):

- Science can be a demanding discipline. Why did you decide to become a scientist?
- Consider the core of what you love about what you do. What makes you truly excited about what you do?

Ask one person to take notes for sharing with the larger group.



# Your Values, Your Choices

Reflection

Values

Lab Culture

Share one or two key takeaways from your small group discussion with the whole group

(5-10 Minutes).

# Career Shift Discussion

 Values

 Goals

In the 1.2 Scene, Jules Sorenson is facing a career shift that will affect her day-to-day activities.

As a large group, discuss the following (10 minutes):

- What career shift is she experiencing?
- What career shifts have you experienced or will experience in the near future?
- How thoughtful or intentional are you in such moments?

# Values Discussion 2

Reflection

Values

Values are enduring beliefs that influence our decision-making behavior. Take some time to write down 5 of the most important things that you value in your career (5 minutes)

In small group(s), discuss the following questions (10 minutes):

- How can values conflict with each other? How do your top 5 values conflict with each other?
- How much time do you spend on things that you say that you value?

# Individualized Development Plan

Individualized Development Plans (IDP) are helpful tools for aligning career goals and choices with articulated values.

In small group (15 Minutes):

- Share one or two skill development areas on which you might focus in the coming six months.
- Discuss how using an IDP to better align your values and skills might help advance your career



# Better at Science Discussion

In the scene, the lab leaders talk about what lab-growth means as the PI shifts from hands-on involvement in day-to-day activities to a bigger picture role.

In small group Discuss the Following (10-15 Minutes):

- How might a lab head being less involved in day-to-day activities of the lab negatively impact the quality of the science?
- What does the “right” balance look like to you?

# Lab Manual Discussion Questions

In small group Discuss the Following (10-15 Minutes):

- Would it be helpful for the lab manual to include information about how to communicate in the lab when the lab head is traveling? Who makes the decisions?
- Where in the manual would you put this information?